

# **SALT 2010: WHAT IS REQUIRED OF ME?**

Having been involved with recovery groups for nearly 20 years, the leadership team has observed common difficulties and concerns that need to be addressed. We write the following not to impose law or legalism, but to make you aware of what may hinder your receiving all you can from this program. What is required of you is commitment: commitment to yourself, others, and to the Lord. You are in this program because of the Holy Spirit's leading. This is a very special time for you but it will require self-control and perseverance! It will require the sacrifice of your time. Please read the following and consider the personal cost that is being asked of you. We take this program seriously and ask that you would as well.

## **DOCTRINAL TOLERANCE**

Regeneration is an interdenominational ministry. Many mainline denominations are usually represented by individuals enrolled in the program. This being so, if during a discussion we feel the focus is targeting certain denominational beliefs, we will express caution to the one commenting. No individual will be forced to pray in any one particular fashion. During our prayer times, following the instructions of your small group leaders, you may pray as you feel led. We only ask that you respect the choices of those around you.

## **ATTENDANCE**

S.A.L.T. requires a strong commitment by those who are enrolled. Because you have set aside this period of time for focusing on the significant issues and struggles in your life, your attendance at every meeting is necessary! This means having to carefully adjust your schedule for Wednesday evenings. Often the times you feel most like not attending are specifically the times you need to be there. The enemy will attack in many ways to prevent you from coming. We understand that there are exceptions and emergencies that arise. Our observation has been when the more challenging chapters/issues (e.g. abuse) are being covered, the more reasons you will find for not attending (i.e. feeling tired). Be aware of this in advance and be prepared for battle!

## **PUNCTUALITY**

Punctuality follows on the heels of the above discussion on attendance. You do a great disservice to the teacher and others in the group by arriving consistently late for the program. Trying to find a place to sit, disrupting others, can seriously interfere with what the Lord may be doing with an individual or the group that evening. Being on time is considered a commitment you will make in attending this program. Make the choice in your heart before you begin this program that you will commit to every aspect of it!

## **SMALL GROUP SHARING**

You will not be forced or required to share information for which you feel hesitant in revealing. Being part of your small group however, does require some transparency and vulnerability.

Time is required to build trust and to feel it is a safe place to share on a deeper level. Trust that the Lord has led you to this program. You are an important and vital part of your small group. Your lack of participation or attendance does influence others in your group. We have often seen that one's willingness to share and be open allows the Holy Spirit to minister not only to that individual, but to the others in the group as well. Don't miss this opportunity to allow the Lord to do a deeper work in you through this process!

The small group discussions can present some difficulties at times. During a small group discussion if you feel the sharing is creating difficulty for you (i.e. finding the dialog is arousing), you may raise your hand and communicate your concern. Your group leader will ensure sensitivity regarding the further content of the discussion. Our policy statement covers the types of information that are restricted within the small group discussion but we offer this safe guard as well for your benefit.

### **READING, HOMEWORK, AND JOURNALING**

It is a given that you will come prepared for the evening meeting. This means that you will have spent quality time reading the chapter and are ready to hand in any homework assignments. Don't wait until an hour before the meeting to read the chapter! If you are consistently not doing the reading or completing the assignments without advising your small group leaders of any delays, you may be requested to leave the program. This is only done out of consideration of the others in your small group. Once again, plan now to commit to truly apply yourself to what this program requires.

Dear SALT 2010 Applicant:

On behalf of Regeneration of Northern Virginia, thank you for your interest in the SALT program. Please find the following enclosures: *Schedule for Summer 2010*, *What Is Required of Me*, *Confidential Intake Form* and *Confidentiality Agreement & Limitations*. Much of this information will help you determine if the SALT program is best suited for your present needs, goals and abilities. The *Confidential Intake Form* (the application) helps SALT leaders discern the same concerning you.

**Completed applications must be received no later than May 5, 2010.**

We have many applicants every year and no small amount of time is spent thoroughly processing each one. For confidentiality purposes, we interview each applicant in person and prayerfully consider his small group assignment. As this is a lengthy process, we cannot receive applications after the deadline.

Submitting an application does not guarantee placement in the program. Once your application has been processed, you will be contacted for a required interview. The application process is designed to ensure awareness of the commitment required and the possible challenges ahead. Following the interview, you will be contacted as to whether you have been accepted into the program, and if accepted, provided with further information.

SALT is a rigorous program. Please carefully review the enclosed form *What is Required of Me*. Once you have prayerfully considered if this program is for you, complete both the application and the *Confidentiality Agreement & Limitations* form. Then return them to: Regeneration, P.O. Box 1034, Fairfax, VA 22038.

**All of the information you provide will be kept strictly confidential.**

In SALT, each teaching builds upon previous ones, and consistent attendance is required. It is important that you prioritize the 16 weekly meetings as a season to work through deep issues in your life. If you are aware that you will be missing more than three group meetings, we ask that you apply at a later date when your schedule can serve the life-changing goals of SALT.

The program will be held on Wednesday nights from 7:30PM to 10:00PM. SALT will begin May 19 and conclude September 1. Meetings will take place in Falls Church, Virginia. The cost of the program is \$275.00 (book included) with the full amount due by May 19. If full payment cannot be made by that date, alternative payment arrangements should be made before the first meeting. If financial assistance is needed, please inquire by contacting Regeneration of Northern Virginia at (703) 591-4673.

Because SALT operates on a "closed group" format, no one will be admitted after the program has begun. Participants who leave the program create a vacancy that cannot be filled. Therefore, the program fee is non-refundable in any amount after the second meeting (May 26).

Your participation in SALT is a commitment to deepening your relationship with Jesus Christ. A common factor among men who have experienced the greatest change in their lives is a willingness to yield to the Lordship of Jesus at any cost. As you count the cost of participating in SALT, remember Jesus, "...the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider him who endured such opposition from sinful men, so that you will not grow weary and lose heart." After all, "[Jesus] is able to save completely those who come to God through him" (Hebrews 12:2-3; 7:25a).

If you have questions or would like to talk about the program, please contact us. I look forward to hearing from you and pray that you will be guided by the Holy Spirit in making your decision.

Our Lord's grace and peace be yours!

The Rev. Peter Mitchell  
Coordinator of Men's Ministry  
Regeneration of Northern Virginia  
(703) 591-HOPE

# S.A.L.T. Schedule

## Summer 2010

<b>Date</b>	<b>Chapter(s)</b>
May 19	Chapter 1: Spiritual Aspects of Addiction
May 26	Chapter 2: Addiction is False Intimacy
June 2	Chapter 3: The Pain of Sexual Addiction Chapter 4: Intervention in the Addiction Cycle
June 9	Chapter 5: Planning Your Way of Escape
June 16	Chapter 6: Surrendering to God Chapter 7: Confession
June 23	Chapter 8: Practicing the Presence of God Chapter 9: Seeking God through Spiritual Disciplines
June 30	Chapter 10: Understanding the Addictive System
July 7	Chapter 11: Allowing God to Remove our Defects Chapter 12: Embracing Loss as a Way of Gain
July 14	Chapter 13: Family Origins of Addiction
July 21	Chapter 14: Spiritual Cleansing
July 28	Chapter 15: Facing the Mother Wound
August 4	Chapter 16: Healing the Father Wound
August 11	Chapter 17: Facing Sexual Abuse
August 18	Chapter 18: Forgiving and Making Amends
August 25	Chapter 19: Defining True Masculinity
September 1	Chapter 20: Accessing the Power of the Cross

**CONFIDENTIALITY  
AGREEMENT & LIMITATIONS**

Confidentiality and safety need to be the hallmarks of Regeneration of Northern Virginia's programs. To this end we try to establish as safe an experience as possible for our participants. In order to maintain this atmosphere of trust, specific parameters are required.

All information shared within the confines of Regeneration of Northern Virginia's programs is to **remain** confidential and private. Disclosure of shared information outside the confines of our programs (including spouses if married) will be grounds for dismissal. Small group leaders reserve the right to discuss information as needed with the ministry director(s) for the purpose of seeking counsel, oversight, and/or accountability. The director(s) will determine when further discussion with other leadership is required. In **all** cases consideration for the privacy of individuals will be upheld.

The only exception to confidentiality a leader(s) will make is if an individual communicates the intent to take harmful or dangerous action against him/herself or another human being. The leader(s) will give the individual an opportunity to inform the appropriate authorities or others involved before taking further action. Additionally, leaders will report to the proper authorities any type of *current* activities that would bring endangerment to a child.

Regeneration of Northern Virginia does not offer emergency support. In the event of an emergency or if any of the aforementioned situations are imminent, the participant involved must call 911.

I have read and understood the above written disclosure and agree to its conditions.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

Regeneration of Northern Virginia  
S.A.L.T (Seeking After Liberating Truth) Program  
Confidential Intake Form

All of the information that you provide on this form will be maintained in **strict confidentiality**. It will be reviewed only by leadership who will be directly involved with the program. Please write legibly or print clearly and use additional paper if necessary in answering the questions. This information will help provide us with better direction for our focus during the Living Waters program and also assist your small group leader.

DATE APPLICATION SUBMITTED: \_\_\_\_\_

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

May we call you at home?  yes  no. At work?  yes  no.

In case of an emergency contact: \_\_\_\_\_

Phone: \_\_\_\_\_ Relationship to you: \_\_\_\_\_

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## A. Relationship History

SINGLE  ENGAGED  MARRIED HOW LONG? \_\_\_\_\_ Children (# / ages):

SEPARATED  DIVORCED  REMARRIED  WIDOWED

## B. General Information

Highest grade completed: \_\_\_\_\_ Degrees: \_\_\_\_\_

What specific areas of support and/or instruction do you desire?

- Sexual abuse    emotional dependency    compulsive masturbation
- pornography    homosexual brokenness    co-dependency
- compulsive sexual behavior    dealing with significant heterosexual relationships

other: \_\_\_\_\_

Ever been in counseling?    yes    no   When? \_\_\_\_\_

Where? \_\_\_\_\_ With? \_\_\_\_\_

Why? \_\_\_\_\_

Ever been diagnosed by a therapist? \_\_\_\_\_ Diagnosis: \_\_\_\_\_

Have you ever attended a sexual addiction program before?    yes    no

Which one(s): \_\_\_\_\_

When? \_\_\_\_\_ Where? \_\_\_\_\_

Do you experience any type of hallucinations/spiritual experiences (visual/physical): \_\_\_\_\_

If yes describe: \_\_\_\_\_

Do you hear audible voices? \_\_\_\_\_ If yes, describe (inside/outside of the head): \_\_\_\_\_

\_\_\_\_\_

Are you/have you been suicidal? \_\_\_\_\_ When and what happened? \_\_\_\_\_

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Have you or anyone in your family been involved with Satanic Ritual Abuse? \_\_\_\_\_

Describe any significant, traumatic incidents in your life (e.g. verbal, physical, sexual, emotional abuse)? Use additional paper to describe if necessary.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## C. Religious Background

**On a separate sheet of paper please type *no more than a 1 page testimony of your Christian journey, including the impact and/or influence of your relationship with Jesus Christ on your sexual and relational struggles.***

What church are you currently attending? \_\_\_\_\_

Affiliation: \_\_\_\_\_

Do you attend regularly?  yes  no. How long attending? \_\_\_\_\_

Are you currently participating in ongoing fellowship/activity within your church besides regular Sunday service?  yes  no. If yes, please explain:

Please list all your past church affiliation(s) or any religious instruction

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Do you consider yourself charismatic?  yes  no.

How do you feel about receiving healing prayer, administered through the laying-on of hands, and made possible by the outpouring of the Holy Spirit?

What Christian conferences have you attended within the past 5 years?

Do you believe that any sexual relations outside the bonds of matrimony are sinful?  yes  
 no (If no, please explain)

## D. Medical Background

Are you currently on any medications? \_\_\_\_\_ If so what? \_\_\_\_\_

Have you ever been hospitalized in a psychiatric facility? \_\_\_\_\_ When? \_\_\_\_\_

Why? \_\_\_\_\_

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Have you been sexually active with an individual other than your spouse?  yes  no  
Have you been examined for S.T.D.'s (sexually transmitted diseases)? \_\_\_\_\_

Have you ever been tested for the AIDS virus or antibodies?  yes  no

If you have not been tested but have been sexually active with others, what prevents you from being tested?

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## E. Family Background

Briefly describe your relationships with (use additional paper if necessary):

Father: \_\_\_\_\_

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Mother: \_\_\_\_\_

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Siblings: \_\_\_\_\_

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Are you or any of your immediate family chemically dependent. Please identify who and elaborate:

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## F. Miscellaneous Information

How did you hear about the program?

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What are your expectations and goals for coming through the S.A.L.T. program?

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Do you want to be on Regeneration's Mailing list?  yes  no

### Check List for mailing forms back:

- completed application form
- one page testimony
- signed confidentiality agreement & limitations form

<u>PRACTICE</u>	<u>Me</u>	<u>Other (relationship)</u>
Abortion	__	_____
Abuse	__	_____
Alcohol	__	_____
Astrology	__	_____
Astro projection	__	_____
Automatic writing	__	_____
Bahaism	__	_____
Beastiality	__	_____
Bhagwan/Shree	__	_____
Black majic	__	_____
Blood covenant	__	_____
Buddhism	__	_____
Card laying	__	_____
Channeling	__	_____
Children of God	__	_____
Christian Scientist	__	_____
Clairvoyance	__	_____
Crystal ball	__	_____
Curses	__	_____
Eastern religions	__	_____
Eckankar	__	_____
Edgar Cayce	__	_____
E.S.P.	__	_____
EST	__	_____
Fortune telling	__	_____
Goddess worship	__	_____
Hare Krishna	__	_____
Hinduism	__	_____
Horoscopes	__	_____
Hypnosis	__	_____
Islam	__	_____
Jean Dixon	__	_____
Jehovah Witness	__	_____
Levitation	__	_____
Masons	__	_____
Medium(s)	__	_____

<u>PRACTICE</u>	<u>Me</u>	<u>Other (relatonship)</u>
Meher Baba	__	_____
Metaphysical healing	__	_____
Mind reading	__	_____
Molestation	__	_____
Mormonism	__	_____
New Age	__	_____
Numerology	__	_____
Occult literature	__	_____
Ouija board	__	_____
Palm reading	__	_____
Parapsychology	__	_____
Promiscuity	__	_____
Psychic phenomena	__	_____
Reincarnation	__	_____
Rosicrucian	__	_____
Roy Masters	__	_____
Sadism/Masochism	__	_____
Satanism	__	_____
Science of the mind	__	_____
Scientology	__	_____
Seances	__	_____
Second sight	__	_____
Shriners	__	_____
Silva Mind Control	__	_____
Spiritism	__	_____
Tarot cards	__	_____
Tea leaf reading	__	_____
T. Cole Whitaker	__	_____
Way International	__	_____
Trans. Meditation	__	_____
Water witching	__	_____
White magic	__	_____
Witchcraft	__	_____
Unification church	__	_____
Unity	__	_____
Yoga	__	_____
Other:	__	_____