



SALT is designed to offer support and minister to men who are struggling with the overt sensuality and sexual assault we experience in our every day life.

SALT explores the cycles of behaviors practiced, root issues, triggers, and how to live in freedom. The program is scripturally based, teaching principles of how to surrender to the Cross of Jesus Christ and walk in our true identity as men of integrity and purpose!



Luke 1:37 "For nothing is impossible with God." (NIV)

April 2009



The SALT program is co-offered through Regeneration of Northern Virginia and The Falls Church. The program generally runs from the end of May to the beginning of September.

To become a SALT participant an application and interview are required. This process is done to create as safe an environment as possible. We will gladly send/e-mail you an application and set up an interview appointment. To obtain the required application or additional information, please call

Regeneration of Northern Virginia: 703-591-HOPE (4673)

All information is kept strictly confidential. We look forward to hearing from you.



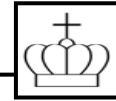
THE FALLS CHURCH

Making Christ King in Our Lives and in the Lives of Others

Established 1732

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The Reverend Dr. John W. Yates II, Rector



"...That Christ be King in Our Lives and the Lives of Others"



Seeking After Liberating Truth

Support group for men
with sexual struggles



Should I Attend?

Every year we see men contact the ministry because their lives have totally fallen apart. They are loosing their jobs, ability to focus, spouses, families, and/or hope. The common factor is they waited until it was too late!

Some excuses heard:

I really don't have an issue.
I can stop my behaviors at any time.
I only *occasionally* look at pornography.
Masturbation is absolutely necessary.
I'm not really addicted or an addict.
Viewing sexual magazine ads is okay.
Sexual fantasy is acceptable for men.

If you use any of the above as an excuse to indulge in any form of sexual impurity, this program is for you. Don't wait until you become an all too familiar statistic! This is not the life Father God intended for you. Join your brothers who are intentionally pursuing becoming the men God intended them to be since the creation of the world.

The Basics

SALT is a 20 lesson program for *all* men, single or married, who are looking for support in dealing with sexual struggles in their lives. The program is presented in a closed group format which means no one is admitted into the program once it has begun.

The typical SALT evening opens in prayer followed by a teaching according to the class syllabus. After the teaching the participants go to the small group they have been assigned for the program. Each small group has two leaders. The evening typically goes from 7:30 PM - 10:00 PM.

All participants are required to come prepared for each class having read in advance the chapter to be discussed that evening. There are also written homework assignments which are handed in to the small group leaders each week. A commitment must be made in advance to do the assignments and attend each evening.

SALT Lessons

SALT uses Craig Lockwood's book *Falling Forward: The Pursuit of Sexual Purity* as the main curriculum for the program. Additional reading materials are provided throughout the program. Below are listed the titles for the 20 chapters covered in the program:

Spiritual Aspects of Addiction
Addiction is False Intimacy
The Pain of Sexual Addiction
Intervention in the Addictive Cycle
Planning Your Way of Escape
Surrendering to God
Confession: Discovering the Cross
Practicing the Presence of God
Seeking God through Spiritual Disciplines
Understanding the Addictive System
Allowing God to Remove Our Defects
Embracing Loss as a Way of Gain
Family Origins of Addiction
Spiritual Cleansing
Facing the Mother Wound
Facing the Father Wound
Facing Sexual Abuse
Forgiving and Making Amends
Defining True Masculinity
Accessing the Power of the Cross

