



**REGENERATION**  
becoming whole.

### **Recommended Resources for Couples**

*The Healing Choice Guidebook.* Allen, S. (2012). Colorado Springs, CO: WaterBrook Press.

*Forgive and Live.* Hunter, B. (2003). Maitland, FL: Xulon Press.

*Love and Respect.* Eggerichs, E. (2004). Nashville, TN: Thomas Nelson, Inc.

*Sacred Influence: How God Uses Wives to Shape the Souls of Their Husbands.* Thomas, G. (2007). Grand Rapids, MI: Zondervan.

*Sacred Marriage: What If God Designed Marriage to Make Us Holy More than to Make Us Happy.* Thomas, G. (2002). Grand Rapids, MI: Zondervan.

*Intimacy: A 100-Day Guide to Lasting Relationships.* Weiss, D. (2001). Lake Mary, FL: Siloam Press.

*In His Everlasting Arms.* MacDonald, G. (2003). Ventura, CA: Gospel Light Publications.

*The Anatomy of Peace.* The Arbinger Institute. (2008). San Francisco, CA: Berrett-Koehler Publishers, Inc.

### **Additional Resources for Recovery**

*Emotional Dependency.* Rentzel, L. (1990). Madison, WI: InterVarsity Press.

*Healing Wounds of Sexual Addiction.* Laaser, M. (2004). Grand Rapids, MI: Zondervan.

*Breaking Free.* Willingham, R. (1999). Madison, WI: InterVarsity Press.

*The Game Plan.* Dallas, J. (2005). Nashville, TN: Thomas Nelson.

*No Stones: Women Redeemed from Sexual Addiction.* Ferree, M. (2013). Downers Grove, IL: InterVarsity Press.